

City of Irving Parks and Recreation Classes

Registration is at 6 p.m. May 29 at all full-time and school recreation centers. Classes begin June 4 and end July 28.

CIMARRON PARK RECREATION CENTER / 201 Red River Trail / (972) 910-0702
Hours: Mon, Wed, Fri : 6 a.m.-10 p.m. / Tue, Thu : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
TODDLER & PRESCHOOL CLASSES				
Mon	9:15-10:15 a.m.	Messy Playtime	3-6	\$5
	10:15-11 a.m.	Zoo Animals Coloring and Learning	3-6	-0-
	11 a.m.-noon	Cupcake Creations	3-6	\$5
Tue	9:15-10 a.m.	Preschool Soccer	3-6	-0-
	10-11 a.m.	Playground Fun	3-6	-0-
	11 a.m.-noon	Preschool Sports Hour	3-6	-0-
Wed	9:15-10 a.m.	Summer Crafts	3-6	\$5
	10-11 a.m.	Puzzle Time	3-6	-0-
	10-11 a.m.	Mom and Aqua Tots	0-2	\$10
Thu	9:15-10:15 a.m.	Construction Paper Crafts	3-6	\$5
	10:15-11 a.m.	Sidewalk Chalk Creations	3-6	\$5
	11 a.m.-noon	Preschool Origami	3-6	-0-
Fri	9:15-10 a.m.	ABCs and 123s	3-6	-0-
	9:15-11 a.m.	Preschool Basketball	3-6	-0-
	10-11 a.m.	Paper Bag Puppets	3-6	\$5
Sat	9:15-10 a.m.	Finger Puppets	3-6	\$5
	10-11 a.m.	Mom and Tots Adventure	0-2	\$10
	11 a.m.-noon	Paper Crafts	3-6	\$5

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	3-4 p.m.	Fuse Bead Design	6-12	-0-
	4-5 p.m.	Popsicle Stick Crafts	6-12	\$5
	5-6 p.m.	Arts and Crafts	6-12	\$5
	6-7 p.m.	Flag Football	11-17	-0-
Tue	8-9 p.m.	PlayStation Games	13-17	-0-
	3-4 p.m.	Pottery Painting	6-12	\$5
	4-5 p.m.	Science Experiments	6-12	\$5
Wed	5-6 p.m.	Board Game Challenge	6-12	-0-
	3-4 p.m.	Bracelet Making	6-12	-0-
	4-5 p.m.	Hair Bow Making	6-12	\$5
Thu	5-6 p.m.	Paper Mache	6-12	-0-
	8-9 p.m.	Sand Volleyball	13-17	-0-
	3-4 p.m.	Paint by Numbers	6-12	\$5
Fri	5-6 p.m.	Brain Teasers	6-12	-0-
	9:30-10:30 a.m.	Archery	6-12	-0-
	3-4 p.m.	Clay Creations	6-12	-0-
Sat	4-5 p.m.	Mason Jar Crafts	6-12	\$5
	5-6 p.m.	Wood Crafts	6-12	-0-
	7-9 p.m.	Movie and Game Night	13-17	-0-

DAY	TIME	CLASS	AGE	FEE
SUMMER GAMES PRACTICE SCHEDULE				
Mon	9:15-11 a.m.	Tennis	11-17	-0-
	2-3 p.m.	Dodgeball	11-17	-0-
	4-5 p.m.	Dominoes	11-17	-0-
Tue	11 a.m.-1 p.m.	Basketball	11-17	-0-
	2-4 p.m.	Volleyball	11-17	-0-
Wed	2-3 p.m.	Chess	11-17	-0-
	6-7 p.m.	Table Tennis	11-13	-0-
Thu	7-8 p.m.	Table Tennis	14-17	-0-
	2-3 p.m.	Indoor Soccer	11-17	-0-
Fri	4-5 p.m.	Water Volleyball	11-17	-0-
	11 a.m.-1 p.m.	Kickball	11-17	-0-
Sat	2-3 p.m.	Flag Football	11-17	-0-

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	2-3 p.m.	Senior Fitness	50-up	-0-
	8-9 p.m.	Beginning Fitness	18-up	-0-

DAY	TIME	CLASS	AGE	FEE
LEAGUES				
Tue	6:30-8:30 p.m.	Girls Volleyball Clinic	7-12	TBA
Thu	6:45-9:45 p.m.	Mens Basketball	18-up	\$360 per team

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	9-9:30 a.m.	Kidz Love Soccer Parent and Me	2-3	\$66/7 weeks
	9 a.m.-noon	RARE Learning-Early Learners (M-F)	3-5	TBA
	9:15-10:15 a.m.	Jacki Sorensen's Dance Aerobics (T,Th)	18-64/65-up	\$12/\$10 or \$3 class
	9:45-10:15 a.m.	Kidz Love Soccer Tot-Soccer	3-4	\$66/7 weeks
	10:15-11 a.m.	Kidz Love Soccer 1	5-6	\$66/7 weeks
	11-11:45 a.m.	Kidz Love Soccer 2	7-10	\$66/7 weeks
	3:30 p.m.	Piano Lessons (M,T,W,F,Sa)	5-16	\$90 mo.
	4-4:45 p.m.	Basketball Skills: Level 1 (M,W,F)	5-17	\$240/8 weeks
	4:15 p.m.	Piano Lessons (M,T,W,F,Sa)	5-16	\$90 mo.
	4:45-5:30 p.m.	Basketball Skills: Level 2 (M,W,F)	5-17	\$240/8 weeks
	5 p.m.	Piano Lessons (M,T,W,F,Sa)	5-16	\$90 mo.
	5:30-6:15 p.m.	Basketball Skills: Level 3 (M,W,F)	5-17	\$240/8 weeks
	5:30-6:25 p.m.	Chess (M,F)	6-17	\$10 per class
	5:45 p.m.	Piano Lessons (M,T,W,F, Sa)	5-16	\$90 mo.
	6-7 p.m.	Belly Fit	18-up	\$40 mo.
6:15-7 p.m.	Basketball Skills: Level 4 (M,W,F)	5-17	\$240/8 weeks	
6:30 p.m.	Piano Lessons (M,T,W,F, Sa)	5-16	\$90 mo.	
6:30-7:25 p.m.	Chess (M,F)	6-up	\$10 per class	
7-8 p.m.	Belly Dancng	18-up	\$40 mo./\$10 class	
7-8 p.m.	Fitness to You (M,W)	18-up	\$5 per class	
7-8 p.m.	Tennis Lessons Adult Int.	18-up	\$80 mo.	
7-9:30 p.m.	DFW Table Tennis	7-up	\$40 mo./\$3 class	
Tue	9-10 a.m.	Tennis Lessons Adult Beg./Adv. Beg.	18-up	\$80 mo.
	5:30-6:30 p.m.	Okinawan Karate (T,Th)	7-up	\$60 mo.
6-7 p.m.	STEM for Kids	4-14	\$80 mo.	
Wed	5-7 p.m.	Junior Youth Empowerment Program	10-14	-0-
	7-8 p.m.	Tennis Lessons Adult Beg./Adv. Beg.	18-up	\$80 mo.
Thu	9-10 a.m.	Tennis Lessons Adult Int.	18-up	\$80 mo.
	6-7 p.m.	STEM for Kids	4-14	\$80 mo.
6:30-7:30 p.m.	Okinawan Kobudo	7-up	\$50 mo.	
7:15-8:30 p.m.	Literature for the Youth Book Club	11-18	-0-	
Fri	5:15-6 p.m.	Ballet and Tap	3-5	\$44 mo.
	6:15-7 p.m.	Ballet and Tap	6-12	\$44 mo.
	7-7:45 p.m.	Hip-Hop and Jazz	6-12	\$44 mo.
Sat	8-9 a.m.	Tennis Lessons Juniors	7-10	\$40 mo.
	9-10 a.m.	Tennis Lessons Juniors	9-12	\$40 mo.
	9 a.m.-noon	DFW Table Tennis	7-up	\$40 mo./\$3 class
	10-11 a.m.	Tennis Lessons Juniors	12-up	\$40 mo.
	11 a.m.-noon	Tennis Lessons Juniors	12-up	\$40 mo.
	11 a.m.-12:30 p.m.	Breaking Barriers Through Mentorship	6-up	-0-
	noon-2 p.m.	STEM for Kids	4-14	\$80 mo.
	2-4 p.m.	STEM for Kids	4-14	\$80 mo.

DAY	TIME	CLASS
OPEN GYM BASKETBALL		
Mon	6-9 a.m. / 11 a.m.-2 p.m.	(basketball)
Tue	noon-2 p.m.	(badminton)
Wed	6-9 a.m. (basketball) / noon-3 p.m.(pickleball) / 8-9:30 p.m.(basketball)	
Thu	11 a.m.-1 p.m. (basketball) / 1-2 p.m. (badminton)	
Fri	6-9 a.m. (basketball) / noon-2 p.m. (basketball) / 7-9:30 p.m. (volleyball)	
Sat	noon-3 p.m. / 3-4:30 p.m.	(badminton)

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

GEORGIA FARROW RECREATION CENTER AT WEST PARK / 530 Davis Drive / (972) 721-2519
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9 a.m.-noon	Starkidz Preschool Academy (M-F)	3-6	TBA
	9:15-10 a.m.	Preschool Bowling	3-6	\$2
	10-10:45 a.m.	Color By Numbers	3-6	\$2
Tue	11-11:45 a.m.	Money Counting	3-6	\$2
	9:15-10 a.m.	Matching and Identifying	3-6	\$2
	10-10:45 a.m.	Writing Skills	3-6	\$2
Wed	11-11:45 a.m.	Big Wheel Race Course	3-6	\$2
	9:15-10 a.m.	Preschool Putt Putt	3-6	\$2
	10-10:45 a.m.	ABCs and 123s	3-6	\$2
Thu	11-11:45 a.m.	Gym Mania	3-6	\$2
	9:15-10 a.m.	Puzzle Time	3-6	\$2
	10-10:45 a.m.	Preschool Math	3-6	\$2
Fri	11-11:45 a.m.	T-Ball Skills	3-6	\$2
	9:15-10 a.m.	Building Lego's	3-6	\$2
Sat	10-10:45 a.m.	Shapes and Colors	3-6	\$2

DAY	TIME	CLASS	AGE	FEE	
YOUTH & TEEN CLASSES					
Mon	2-3 p.m.	Fuse Beads Creation	6-12	\$5	
	2-4 p.m.	Summer Games Basketball	14-17	-0-	
	4-5 p.m.	Teen Workout	14-17	\$5	
	5-6 p.m.	Laser Tag	11-17	-0-	
	7-8 p.m.	Study Skills	7-up	-0-	
	8-9 p.m.	Music Jam Session	13-up	\$5	
	Tue	2-4 p.m.	Summer Games Soccer	11-17	-0-
		2-4 p.m.	One Act Play (T and Th)	6-17	-0-
		5-6 p.m.	Summer Games Kickball	11-17	-0-
		6:15-7 p.m.	Ping the Ball	16-up	-0-
	Wed	7-8 p.m.	Intro to Drawing	14-up	\$5
		9-9:45 p.m.	Art Critique	10-up	-0-
1-2 p.m.		Summer Games Chess and Dominoes	11-17	-0-	
3-4 p.m.		Summer Games Dodgeball	11-17	-0-	
Thu	5-6 p.m.	Madden Challenge	11-17	-0-	
	6:15-7 p.m.	Relaxing with Meditation	12-up	\$5	
	7-8 p.m.	Outdoor Explore	6-12	-0-	
	8-9 p.m.	Spanish Conversation	12-up	\$10	
	noon-1 p.m.	Summer Games Water Volleyball	11-17	-0-	
Fri	2-3 p.m.	Summer Games Volleyball	11-17	-0-	
	6:15-7 p.m.	Cool Bakers	6-12	\$5	
	7-8 p.m.	Spanish for Children	7-12	-0-	
	9-9:45 p.m.	Endurance for Beginners	12-17	-0-	
	11:30 a.m.-12:30 p.m.	Archery	11-17	-0-	
Sat	2-3 p.m.	DIY Arts and Crafts	6-12	\$5	
	2-4 p.m.	Summer Games Flag Football	11-17	-0-	
	4-5 p.m.	Summer Games Tennis	11-17	-0-	
	5-6 p.m.	Summer Games Table Tennis	11-17	-0-	
	6:15-7 p.m.	Reading Skills	7-12	-0-	

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	6:15-7 p.m.	Book Club	18-up	\$5
	7-8 p.m.	Study Skills	7-up	-0-
	8-9 p.m.	Music Jam Session	13-up	-0-
	9-9:45 p.m.	Healthy Life Style Tips	18-up	-0-
Tue	6:15-7 p.m.	Ping the Ball	16-up	-0-
	7-8 p.m.	Intro to Drawing	14-up	\$5
	8-9 p.m.	Card Game	18-up	-0-
	9-9:45 p.m.	Art Critique	10-up	-0-
Wed	6:15-7 p.m.	Relaxing Meditation	12-up	\$5
	8-9 p.m.	Spanish Conversation	12-up	\$10
	9-9:45 p.m.	Couple Fitness	18-up	\$10
Thu	8-9 p.m.	Pump It Up	18-up	\$10
Fri	7-8 p.m.	Fit 4 Seniors	50-up	\$5
	9-9:45 p.m.	Game Room Challenge	17-up	-0-
Sat	1-2 p.m.	Men Basketball	13-up	IPAR Card

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	7-8 p.m.	Zumba (M-F)	12-up	TBA
Thu	6:30-9 p.m.	Free Play Volleyball	15-up	IPAR
Fri	5:30-9:45 p.m.	R.I.S.E. Quad Rugby	18-up	TBA
Sat	11 a.m.-1 p.m.	R.I.S.E. Quad Rugby	18-up	TBA

DAY	TIME	CLASS
OPEN GYM BASKETBALL		
Mon	noon-4 p.m.	
Tue	noon-4 p.m. / 6-7 p.m. / 8-9:45 p.m.	
Wed	noon-4 p.m.	
Thu	noon-4 p.m. / 6-7 p.m. / 8-9:45 p.m.	
Fri	noon-4 p.m.	
Sat	1-4:45 p.m.	

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

HERITAGE SENIOR CENTER / 200 S. Jefferson St. / (972) 721-2496
Hours: Mon, Thu, Fri : 8 a.m.-9 p.m. / Tue : 8 a.m.-10 p.m. / Wed : 8 a.m.-5 p.m. / Sat : 9 a.m.-1 p.m. Membership required to participate in activities.

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	8:45-9:45 a.m.	AM Aerobics	50-up	\$15 mo.
	10-10:40 a.m.	Tai Chi for Arthritis/Fall Prevention	50-up	\$5 (includes Qi Gong)
	10-11 a.m.	Fit 4 Life	50-up	\$35 mo.
	10:45-11:20 a.m.	Qi Gong and the Art of Relaxation	50-up	\$5 (includes Tai Chi for Arthritis)
	10:45-11:45 a.m.	Assisted Chair Yoga	50-up	\$35 mo.
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Beginner Bridge	50-up	-0-
	2-4 p.m.	The Lively Steppers	50-up	-0-
	5-6 p.m.	Intermediate Tahitian Dance	18-up	\$50 mo.
	5:30-6:30 p.m.	Zumba	18-up	\$20 mo. or \$5 per class
	6-7 p.m.	Pinterest Pin of the Week (1st Mon)	18-up	See newsletter for fee
	6-7 p.m.	Hula Lessons	18-up	\$20 mo.
6:30-7:30 p.m.	Bingo	50-up	Covered Dish + 2 prizes	
6:30-7:30 p.m.	Yoga	18-up	\$35 mo. or \$8 per class	
7-8 p.m.	Hula Part B (for students who have studied Hula)	18-up	\$25 mo. Hula students, \$35 non-Hula students	
7-8 p.m.	Heritage Singers (2nd, 3rd, 4th, 5th Mon)	50-up	\$10 Yearly + Heritage Membership	
Tue	8:20-9:30 a.m.	Stretch and Tone	50-up	\$5 mo.
	9-11 a.m.	Wood Carving	50-up	-0-
	10-11 a.m.	Gospel Singing	50-up	-0-
	10-11:30 a.m.	Senior Computer Club	50-up	-0-
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Hand and Foot	50-up	-0-
	12:30-4:30 p.m.	Advanced Bridge	50-up	-0-
	1-3 p.m.	Busy Fingers Quilting Club	50-up	-0-
	2:15-3:34 p.m.	Amigurumi Crochet	18-up	\$20 mo.
	6-7 p.m.	Evening Aerobics	18-up	\$15 mo.
	6:30-9:30 p.m.	Ceramics	18-up	\$15 mo.
	7-9:15 p.m.	Dance	18-up	\$6 weekly
Wed	8:45-9:45 a.m.	AM Aerobics	50-up	\$15 mo.
	9:30-11 a.m.	Neglected History/Critical Thinking	50-up	-0-
	10-10:40 a.m.	Tai Chi for Arthritis/Fall Prevention		

Summer Session

Call (972) 721-2501 for details or more information. Registration for Heritage Senior Center classes begins at 10 a.m. the first business day of the month.

HERITAGE SENIOR CENTER / 200 S. Jefferson St. / (972) 721-2496
Hours: Mon, Thu, Fri : 8 a.m.–9 p.m. / Tue : 8 a.m.–10 p.m. / Wed : 8 a.m.–5 p.m. / Sat : 9 a.m.–1 p.m. Membership required to participate in activities.

DAY	TIME	CLASS	AGE	FEE
Wed	10:45-11:20 a.m.	Qi Gong and the Art of Relaxation	50-up	\$5 (includes Tai Chi for Arthritis)
	10:45-11:45 a.m.	Assisted Chair Yoga	50-up	\$35 mo./\$8 per class
	noon-1 p.m.	Yoga	18-up	\$35 mo./\$8 per class
	12:15-3:30 p.m.	42	50-up	-0-
	1:30-3:30 p.m.	Bluegrass Jam Session	50-up	-0-
	1:30-3:45 p.m.	Line Dance	18-up	20 mo./\$6 per class
Thu	8:20-9:30 a.m.	Stretch and Tone	50-up	\$5
	9-10 a.m.	Beg. Mixed Media	18-up	\$30 mo.
	10:15-11:15 a.m.	Bingo	50-up	\$1
	10:30-11:30 a.m.	Int. Acrylic	18-up	\$30 mo.
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Hand and Foot	50-up	-0-
	12:30-4:30 p.m.	Adv./Int. Bridge	50-up	-0-
	1-2 p.m.	Beg. Tap	50-up	-0-
	1-2 p.m.	Fitness Room Orientation (2nd and 4th Th, appt. req.)	50-up	-0-
	2:45-3:45 p.m.	Int. Tap Dance	50-up	\$30 mo.
	6-7 p.m.	Evening Aerobics	18-up	\$15 mo.
	6:15-8:30 p.m.	Bunko	50-up	\$8 mo.
	7-8 p.m.	Great Book Club (3rd Th)	50-up	-0-
	7-8 p.m.	Writing and You (none 3rd Th)	50-up	-0-
	Fri	8:45-9:45 a.m.	AM Aerobics	50-up
9 a.m.-noon		Mah Jongg	50-up	-0-; inst. book \$1
9 a.m.-noon		Ceramics	50-up	\$15 mo.
10-11 a.m.		Fit 4 Life	18-up	\$35 mo.
10-11:30 a.m.		Investor's Information Exchange	50-up	-0-
10-11:45 a.m.		Friday at the Movies (2nd and 4th F)	50-up	-0-
noon-5 p.m.		Canasta	50-up	-0-
1-2:30 p.m.		Spanish Club	50-up	-0-
5:30-6:15 p.m.		Sign Up for Texas Hold' Em	50-up	\$3 per class
5:30-6:30 p.m.		Zumba	18-up	\$20 mo. or \$5 per class
6:20-8:30 p.m.		Texas Hold' Em (2nd and 4th F)	50-up	Heritage Membership required w/signup fee
Sat		9:15-10:45 a.m.	Round Dance Lesson	18-up
	9:30-10:30 a.m.	Yoga	18-up	\$35 mo. or \$8 per class

SPECIAL EVENTS

DATE	TIME	CLASS	AGE	FEE
June 13	9:30-11:30 a.m.	Pooches on the Patio	50-up	-0-
June 15	11 a.m.-12:15 p.m.	Father's Day Cookout	50-up	\$3
June 21	10-11:15 a.m.	Kickoff to Summer	50-up	\$3
June 28	6-8:30 p.m.	Mystery Bingo	50-up	\$6 Heritage members
July 3	10-11:15 a.m.	Red, White and Blue Patriotic Party	50-up	\$3
Aug. 9	6:30-8 p.m.	Senior Arts Festival	18-up	\$3
Aug. 24	6-8:30 p.m.	Heritage Casino Night	50-up	TBA

LEE PARK RECREATION CENTER / 3000 Pamela Drive / (972) 721-2508
Hours: Mon-Fri : 9 a.m.–10 p.m. / Sat : 9 a.m.–5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	10 a.m.-noon	Preschool Mini Camp (M,W,F)	3-5	\$30
Tue	10-11 a.m.	Color and Paste	3-5	\$5
	11 a.m.-noon	Big Wheel Rally	3-5	\$5
Thu	10-11 a.m.	Color by Number	3-5	\$5
	11 a.m.-noon	Soccer Practice	3-5	-0-
Sat	9:15-10 a.m.	Color and Draw with Chalk	3-5	\$5
	10-11 a.m.	Sports Drills	3-5	-0-

YOUTH & TEEN CLASSES

Mon	1-2 p.m.	Tissue Paper Art	7-12	\$5	
	2-3 p.m.	Summer Games Kickball	14-17	-0-	
	3-4 p.m.	Art Club	9-13	\$10	
	4-5 p.m.	Summer Games 7-on-7	11-17	-0-	
	5-6 p.m.	Dodgeball Mania	9-13	-0-	
	6-7 p.m.	Summer Games Table Tennis	11-13	-0-	
Tue	7-8 p.m.	Flag Football	13-17	-0-	
	8-9 p.m.	Summer Games Basketball	11-13	-0-	
	1-2:30 p.m.	One Act Play (T,Th)	6-17	-0-	
	2-3 p.m.	Kickball Kraze	6-11	-0-	
	3-4 p.m.	Summer Games Indoor Soccer	11-13	-0-	
	4-5 p.m.	Paper Bag Puppets	7-12	\$5	
	5-6 p.m.	Summer Games Basketball	14-17	-0-	
	5-6 p.m.	Foosball Tournament	7-12	-0-	
	6-7 p.m.	Fit Kids	10-15	\$5	
	7-8 p.m.	Making Mosaics	13-17	\$5	
	Wed	2-3 p.m.	Summer Games Kickball	11-13	-0-
		3-4 p.m.	Gym Activities	7-12	-0-
4-5 p.m.		Summer Games Volleyball	11-17	-0-	
6-7 p.m.		Summer Games Table Tennis	14-17	-0-	
7-8 p.m.		Learn to Draw	13-17	\$5	
Thu		1-2 p.m.	Crafting with Yarn	7-12	\$5
	1-2:30 p.m.	One Act Play (T,Th)	6-17	-0-	
	3-4 p.m.	Summer Games Dodgeball	14-17	-0-	
	4-5 p.m.	Name Your Game	9-13	-0-	
	5-6 p.m.	Summer Games Tennis	11-17	-0-	
	6-7 p.m.	Sewing 101	10-up	\$10	
	7-8 p.m.	Family Board Games	8-up	-0-	
	Fri	10:30-11:30 a.m.	Summer Games Archery	11-17	-0-
		1-2 p.m.	Summer Crafts	6-11	\$5
2-3 p.m.		Intro to Bumper Pool	7-12	\$5	
3-4 p.m.		Races and Relays	9-13	-0-	
4-5 p.m.		Summer Games Indoor Soccer	14-17	-0-	
5-6 p.m.		Fuse Bead Creations	10-15	\$5	
Sat	6-9 p.m.	Parents Night Out	K-5	\$10	
	11 a.m.-noon	Make Slime	6-11	\$5	
	1-2 p.m.	Summer Games Chess and Dominoes	11-17	-0-	
	2-3 p.m.	Soccer Skills and Drills	9-13	-0-	
	3-4 p.m.	Summer Games Dodgeball	11-13	-0-	

ADULT CLASSES

Mon	9-9:45 p.m.	High Intensity Interval	18-up	\$5
Tue	9:15-10 a.m.	Senior Strength and Flexibility (T,Th)	50-up	\$10
	8-9 p.m.	Elliptical Fitness	18-up	\$5
	9-9:45 p.m.	Adult Boot Camp	18-up	\$5
Wed	8-9 p.m.	Workout with Weights	18-up	\$5
	9-9:45 p.m.	Endurance Training	18-up	\$5
Thu	8-9 p.m.	Core and Cardio	18-up	\$5
	9-9:45 p.m.	Walk on Treadmill	18-up	\$5
Sat	4-4:45 p.m.	Fitness Circuit	18-up	\$5

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	9:15-10 a.m.	Yoga for Seniors (M,W,F)	50-up	\$25 mo.
	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-7 p.m.	Yoga II (M,W)	18-up	\$35 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
Tue	6:30-7:30 p.m.	Zumba Fitness (M,W)	18-up	\$20 mo.
	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-9 p.m.	USA Go Ju Karate (T,F)	6-up	\$35 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
Wed	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
Thu	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Thu	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-7 p.m.	Yoga I	18-up	\$35 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
Fri	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
Sat	5:45-6:45 p.m.	Jazzercise	18-up	\$49 mo.
	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
Sun	2-3 p.m.	Jazzercise	18-up	\$49 mo.

OPEN GYM BASKETBALL

Mon	10:30 a.m.-3 p.m. / 7:30-9:45 p.m.
Tue	10:30 a.m.-3 p.m. / 7:30-9:45 p.m.
Wed	10:30 a.m.-3 p.m. / 7:30-9:45 p.m.
Thu	10:30 a.m.-3 p.m. / 6:45-9:45 p.m.
Fri	10:30 a.m.-3 p.m. / 7:30-9:45 p.m.
Sat	11 a.m.-2 p.m.
Sun	1-4:45 p.m.

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

LIVELY POINTE YOUTH CENTER / 909 N. O'Connor Road / (972) 721-8090
Hours: Mon-Fri : 1-9 p.m. / Sat : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE	
YOUTH & TEEN CLASSES					
Mon	1-2 p.m.	Technology Tutoring	12-18	-0-	
	2-3 p.m.	Summer Games Chess	12-18	-0-	
	3-4 p.m.	MLB Pick'Em	12-18	-0-	
	4-5 p.m.	Summer Games Dodgeball	12-18	-0-	
	5-6 p.m.	Summer Games Volleyball	12-18	-0-	
	6-7 p.m.	Lively Running Club (M,W,F)	12-18	-0-	
Tue	1-2 p.m.	Weight Room Orientation	12-18	-0-	
	4-5 p.m.	3 Point Shootout	12-18	-0-	
	6-7 p.m.	Ultimate Frisbee (1st and 3rd Tue)	12-18	-0-	
	6-7 p.m.	Name Your Game (2nd and 4th Tue)	12-18	-0-	
	7-8 p.m.	Summer Games Kickball	12-18	-0-	
	8-9 p.m.	Foosball League	12-18	-0-	
	Wed	2-3 p.m.	Summer Games Dominoes	12-18	-0-
		4-5 p.m.	Baking for Beginners	12-18	-0-
5-6 p.m.		Summer Games Table Tennis	12-18	-0-	
6-7 p.m.		Lively Running Club (M,W,F)	12-18	-0-	
6-8 p.m.		Summer Games Basketball	12-18	-0-	
8-9 p.m.		Girl Talk	12-18	-0-	
Thu	1-2 p.m.	Weight Room Orientation	12-18	-0-	
	2-3 p.m.	Burnout Workout	12-18	-0-	
	4-5 p.m.	Snap It! - Social Media Fun	12-18	-0-	
	5-7 p.m.	Summer Games Indoor Soccer	12-18	-0-	
	6-7 p.m.	Irving Youth Action Council Mtg. (1st and 3rd Th)	12-18	-0-	
	7-8 p.m.	Summer Games Tennis	12-18	-0-	
	7-8:45 p.m.	Indoor Soccer Free Play	12-18	-0-	
Fri	1-2 p.m.	Summer Games Water Volleyball	12-18	-0-	
	2-3 p.m.	Ice Cream Creations	12-18	-0-	
	4-6 p.m.	Summer Games 7-on-7 Flag Football	12-18	-0-	
	6-7 p.m.	Lively Running Club (M,W,F)	12-18	-0-	
	7-8 p.m.	Chillin and Grillin with Steve	12-18	-0-	
Sat	1-2 p.m.	Floor Hockey	12-18	-0-	
	2-3 p.m.	Gym Games	12-18	-0-	
	3-4 p.m.	Teen Fitness	12-18	-0-	

MUSTANG PARK RECREATION CENTER / 2223 Kinwest Parkway / (972) 556-1334
Hours: Mon, Wed : 6 a.m.–10 p.m. / Tue, Thu, Fri : 9 a.m.–10 p.m. / Sat : 9 a.m.–5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9:15-10 a.m.	Colors and Numbers	3-6	\$5
	10-10:45 a.m.	Painting	3-6	\$5
Tue	9:15-10 a.m.	Paper Plate Crafts	3-6	\$5
	10-10:45 a.m.	Obstacle Courses	3-6	\$5
	10:45-11 a.m.	Building Games	3-6	\$5
Wed	10-10:45 a.m.	Bikes and Tikes	3-6	\$5
	10:45-11:30 a.m.	Dance Time	3-6	\$5
Thu	9:15-10 a.m.	Finger Painting	3-6	\$5
	10-10:45 a.m.	Little Chefs	3-6	\$10
	10:45-11:30 a.m.	Puzzle Time	3-6	\$5
Sat	9:15-10 a.m.	Science Time	3-6	\$5
	10-10:45 a.m.	Blocks and Legos	3-6	\$5
	10:45-11:30 a.m.	Arts and Crafts	3-6	\$5

YOUTH & TEEN CLASSES

Mon	3-4 p.m.	Gym Games (M-Th)	6-12	\$15
	6:15-7 p.m.	Table Tennis 101	9-15	\$5
	7-7:45 p.m.	Baking Fun	8-15	\$10
	8-9 p.m.	E-Sports League	12-17	\$5
	Tue	1-3 p.m.	One Act Play (T,Th)	6-17
4-5 p.m.		Basic Spanish	6-12	\$5
5-5:45 p.m.		Fuse Beads	6-12	\$5
7:15-8 p.m.		Video Game Challenge	12-17	\$5
8-9 p.m.		Teen Fitness	13-17	\$5
Wed		5-5:45 p.m.	Classic Arcade	6-12
	6:30-8:30 p.m.	DIY w/Natalee	8-15	\$20
	4-5 p.m.	Bead Projects	6-12	\$5
	Thu	6-9 p.m.	Dinner and A Movie	6-12
Sat		2-3 p.m.	Outdoor Games	6-12
	3-4 p.m.	Board Games	8-14	\$5

SUMMER GAMES PRACTICE SCHEDULE

Mon	11 a.m.-noon	Table Tennis	11-17	-0-
	2-3 p.m.	Basketball	11-17	-0-
	4-5 p.m.	Dodgeball	11-17	-0-
	5-6 p.m.	Dominoes and Chess	11-17	-0-
	Tue	6:15-7 p.m.	Flag Football	11-17
Wed	9:15-10 a.m.	Tennis	11-17	-0-
Fri	4-5 p.m.	Kickball	11-17	-0-
	2-3 p.m.	Volleyball	11-17	-0-
	4-5 p.m.	Soccer	11-17	-0-

ADULT CLASSES

Thu	6-9 p.m.	Sand Volleyball League	18-up	\$150 per team
Sat	1-2 p.m.	Basic Strength Training	18-up	\$5

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	8:30-9:30 a.m.	Yoga (M,W)	18-up	\$80 mo.
	9 a.m.-noon	RARE Learning-Early Learners (M-F)	3-5	TBA
	10 a.m.-noon	Mom and Tots-Play and Learn Camp (M,W,F)	24-36 mos.	\$99 mo.
	noon-1 p.m.	Camp Gladiator (M,W,F)		

City of Irving Parks and Recreation Classes

Registration is May 29 at 6 p.m. at all full-time and school recreation centers. Classes begin June 4 and end July 28.

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS

Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Tue	6-7 p.m.	Zumba (T,Th)	18-up	\$5 per class
	6:15-7 p.m.	Basketball Skills: Level 4 (T,Th)	6-18	\$98 mo.
	6:30-7 p.m.	Beg. Soo Bahk Do Karate (T,Th)	4-6	\$30 mo.
	7-8 p.m.	Beg./Int. Soo Bahk Do Karate (T,Th)	7-up	\$50 mo.
	7:30-8:30 p.m.	Boot Camp	18-up	\$15 mo./\$3 class
Wed	8-9 p.m.	Adv. Soo Bahk Do Karate (T,Th)	7-up	\$50 mo.
	11:45 a.m.-12:30 p.m.	Kindermusik	18 mo.-3.5	TBA
	12:30-1:15 p.m.	Kindermusik	0-18 mo.	TBA
	5-6 p.m.	Indoor Tennis	7-up	\$40 mo.
	5:30-6:15 p.m.	Super Tots Soccer	3-4	\$40 mo.
Thu	6-7 p.m.	Indoor Tennis	7-up	\$40 mo.
	6:15-7 p.m.	Super Tots Soccer	5-9	\$40 mo.
	5-6 p.m.	Guitar Lessons	7-up	\$55 mo.
	6-7 p.m.	Guitar Lessons	7-up	\$55 mo.
	9-10 a.m.	Yoga	18-up	\$80 mo.
Fri	5-5:30 p.m.	Keyboard/Piano	5-15	\$85 mo.
	5:30-6 p.m.	Keyboard/Piano	5-15	\$85 mo.
	6-6:30 p.m.	Keyboard/Piano	5-15	\$85 mo.
	6-7 p.m.	Chess Tempo	4-up	\$48 mo.
	6:30-7 p.m.	Keyboard/Piano	5-15	\$85 mo.
Sat	9:30-10:30 a.m.	Boot Camp	18-up	\$15 mo./\$3 class
	10-10:45 a.m.	Ballet and Tap	3-5	\$44 mo.
	10:45-11:30 a.m.	Ballet and Tap	3-5	\$44 mo.
	11-11:45 a.m.	Bollywood Dance	4-7	\$44 mo.
	11:30 a.m.-12:15 p.m.	Ballet and Tap	6-12	\$44 mo.
	noon-12:45 p.m.	Bollywood Dance	8-13	\$50 mo.
	1:15-1:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	1:45-2:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	1:45-2:25 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	2-3 p.m.	Riaz' Art Studio	5-17	\$80 mo.
	2-3 p.m.	ThingY: STEM Learning	6-12	\$80 mo.
	2:15-2:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	2:45-3:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	3:15-3:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	3:45-4:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.
4:15-4:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
Sun	2-3 p.m.	Riaz' Art Studio	18-up	\$80 mo.

OPEN GYM BASKETBALL

Mon	6-9 a.m. / 11 a.m.-2 p.m.* / 7:15-9:45 p.m. (badminton)
Tue	11 a.m.-2 p.m.
Wed	6-9 a.m. / 11 a.m.-2 p.m.* / 7:15-9:45 p.m. (pickleball)
Thu	11 a.m.-2 p.m.
Fri	noon-3 p.m.* / 6-9:45 p.m.
Sat	noon-2 p.m. / 2-4:45 p.m. (badminton)
Sun	1-3 p.m. / 3-5 p.m. (badminton)

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.
*Badminton half gym from noon-2 p.m.

NORTHWEST PARK RECREATION CENTER / 2800 Cheyenne St. / (972) 721-2529

Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE	
PRESCHOOL CLASSES					
Mon	10 a.m.-noon	Preschool Mini Camp (M,W,F)	3-5	\$30	
Tue	10-11 a.m.	Big Wheel Race	3-5	\$5	
	11 a.m.-noon	Edible Crafts	3-5	\$5	
Thu	11 a.m.-noon	Hands on Math Skills	3-5	\$5	
Sat	9:15-10 a.m.	Color by Numbers	3-5	\$5	
	10-11 a.m.	Soccer Basics	3-5	\$5	
YOUTH & TEEN CLASSES					
Mon	1-2 p.m.	Gym Activities	7-12	-0-	
	2-3 p.m.	Summer Games Dodgeball	14-17	-0-	
	3-4 p.m.	Summer Games Kickball	11-13	-0-	
	4-5 p.m.	Summer Games Indoor Soccer	14-17	-0-	
	5-6 p.m.	Card Game Challenge	10-15	-0-	
	6-7 p.m.	Exercise Yourself to Health	13-17	\$5	
	7-8 p.m.	Make a Scene Improv	13-17	\$5	
Tue	1-2 p.m.	Summer Games Kickball	14-17	-0-	
	2-3 p.m.	Diamond Games	6-11	-0-	
	2:30-3:30 p.m.	One Act Play (T,Th)	6-17	-0-	
	3-4 p.m.	Summer Games 7-on-7	11-13	-0-	
	4-5 p.m.	Summer Games Dodgeball	11-13	-0-	
	4-5 p.m.	Color By Number	7-12	\$5	
	6-7 p.m.	Summer Games Basketball	14-17	-0-	
7-8 p.m.	Working with Clay	10-15	\$5		
Wed	1-2 p.m.	Paper Plate Craft	7-12	\$5	
	1-2 p.m.	Summer Games Volleyball	11-17	-0-	
	2-3 p.m.	Outdoor Activities	9-13	-0-	
	3-4 p.m.	Summer Games Indoor Soccer	11-13	-0-	
	4-5 p.m.	Summer Games 7-on-7	14-17	-0-	
	5-6 p.m.	Learn to Draw	10-15	\$5	
	6-7 p.m.	Memory Flex	10-15	\$5	
7-8 p.m.	Let's Build with Popsicle Sticks	13-17	\$5		
Thu	1-2 p.m.	Dodgeball Mania	7-12	-0-	
	2-3 p.m.	Summer Games Tennis	14-17	-0-	
	3-4 p.m.	Sand Volleyball Competition	9-13	-0-	
	6-7 p.m.	Summer Games Chess/Dominoes	14-17	-0-	
	7-8 p.m.	H.I.I.T. it Hard	13-17	\$5	
	Fri	10:30-11:30 a.m.	Summer Games Archery	11-17	-0-
		1-2 p.m.	Kickball Kraze	6-11	-0-
2-3 p.m.		Tissue Paper Art	7-12	\$5	
3-4 p.m.		Summer Games Chess/Dominoes	11-13	-0-	
3-4 p.m.		Summer Games Basketball	11-13	-0-	
5-6 p.m.		Summer Fishing	10-15	\$5	
6-9 p.m.		Parents Night Out	K-5	\$10 per night	
Sat	11 a.m.-noon	Solving Words	6-11	\$5	
	1-2 p.m.	Hot Shot Basketball	7-12	\$5	
	2-3 p.m.	Cardio Madness	13-17	\$5	
ADULT CLASSES					
Mon	8-9 p.m.	Leap into Shape	18-up	\$5	
	9-9:45 p.m.	Figure 4 Training	18-up	\$5	
Tue	8-9 p.m.	Hill Climbing Drills	18-up	\$5	
	9-9:45 p.m.	Jog and Run	18-up	\$5	
Wed	8-9 p.m.	Conditioning 360	18-up	\$5	
	9-9:45 p.m.	Fit Happens	18-up	\$5	
Thu	8-9 p.m.	Park Grounds Stroll	18-up	\$5	
	9-9:45 p.m.	Upper-Body Focus	18-up	\$5	
Fri	8-9 p.m.	Core Toning	18-up	\$5	
	9-9:45 p.m.	Walk to Get Fit	18-up	\$5	
Sat	3-4 p.m.	Step to 10k	18-up	\$5	
	4-4:45 p.m.	Tummy Training	18-up	\$5	
OPEN GYM BASKETBALL					
Mon	9-10 a.m. / noon-2 p.m. / 6-9:45 p.m.				
Tue	9-10 a.m. / 11 a.m.-1 p.m. / 6-9:45 p.m.				
Wed	9-10 a.m. / noon-1 p.m. / 6-9:45 p.m.				
Thu	11 a.m.-1 p.m. / 6-9:45 p.m.				
Fri	9-10 a.m. / noon-4 p.m.				
Sat	9-10 a.m. / 11 a.m.-2 p.m. / 3-4:45 p.m.				
Sun	1-5 p.m.				

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

SENER PARK RECREATION CENTER / 901 S. Senter Road / (972) 721-2641

Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9:30-10:30 a.m.	Creative Craft	3-5	\$3
Tue	10:30-11:30 a.m.	Preschool Gym Activities	3-5	\$2
	9:30-10:30 a.m.	Preschool Basketball Skills	3-5	\$3
Thu	10:30-11:30 a.m.	Learning Board Games	3-5	\$2
	9:30-10:30 a.m.	Preschool Cooking	3-5	\$5
Fri	10:30-11:30 a.m.	Preschool Gym Games	3-5	\$3
	9:30-10:30 a.m.	Preschool Finger Painting	3-5	\$5
Sat	10:30-11:30 a.m.	Blocks and Legos	3-5	\$3
	11 a.m.-noon	Preschool T-Ball	3-5	\$2
YOUTH & TEEN CLASSES				
Mon	2-3 p.m.	Summer Games Dominoes	11-17	-0-
	4-5 p.m.	Summer Games Dodgeball	11-17	-0-
	6-7 p.m.	Money Management	18-up	-0-
	7-8 p.m.	Table Tennis	13-18	-0-
	7:30-8:30 p.m.	Karate (M,W)	5-up	\$40 mo.
	8-9 p.m.	Intro to Fitness	16-up	\$5
	9-9:45 p.m.	Book Talk	15-up	-0-
Tue	1-3 p.m.	One Act Play	7-18	-0-
	2-3 p.m.	Summer Games Table Tennis	11-17	-0-
	4-5 p.m.	Summer Games Volleyball	11-17	-0-
	5:45-8:45 p.m.	ActivStars Karate	4-15	\$7 week
	6-7 p.m.	T-Shirt Art	8-12	\$5
	7-8 p.m.	Art in the Park	7-11	\$2
	8-9 p.m.	Teen Summit	13-15	-0-
Wed	9-9:45 p.m.	Vegan Cooking	16-up	\$2
	7-8 p.m.	Table Games	13-18	\$2
Thu	8-9 p.m.	Fitbit Challenge*	14-up	\$2
	9-9:45 p.m.	Etiquette Class	13-18	-0-
	1-3 p.m.	One Act Play	7-18	-0-
	2-3 p.m.	Summer Games Soccer	11-17	-0-
	4-5 p.m.	Summer Games Dodgeball	11-17	-0-
	5:45-8:45 p.m.	ActivStars Cheerleading	4-15	\$7 week
	6-7 p.m.	Sand Volleyball	13-up	-0-
Fri	7-8 p.m.	PS 4/X-Box Competition	16-up	-0-
	8-9 p.m.	Painting Pizazz	9-12	-0-
	11 a.m.-noon	Archery	11-17	-0-
	2-3 p.m.	Floor Hockey	7-11	-0-
	2-3 p.m.	Summer Games Basketball	11-17	-0-
	3-4 p.m.	Summer Games Volleyball	11-17	-0-
	4-5 p.m.	Summer Games Tennis	11-17	-0-
Sat	5-6 p.m.	Tye Dye Art	8-12	\$5
	5-6 p.m.	Outdoor Kickball	8-11	-0-
	7-8 p.m.	Basketball Skills	12-up	\$2
	9-9:45 p.m.	Public Speaking	13-up	-0-
	4-5 p.m.	3-on-3 Basketball	14-17	-0-

ADULT CLASSES

Mon	6-7 p.m.	Money Management	18-up	-0-
Tue	8-9 p.m.	Intro to Fitness	16-up	\$5
	9-9:45 p.m.	Book Talk	15-up	-0-
Wed	9-9:45 p.m.	Vegan Cooking	16-up	\$2
Thu	8-9 p.m.	Fitbit Challenge	14-up	\$2
	6-7 p.m.	Sand Volleyball	13-up	-0-
Fri	7-8 p.m.	PS 4/X-Box Competition	16-up	\$3
	7-8 p.m.	Basketball Skills	12-up	\$2
Sat	9-9:45 p.m.	Public Speaking	13-up	-0-
YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS				
Members interested in year-round programs may contact the instructor for space availability and to register for classes.				
DAY	TIME	CLASS	AGE	FEE
Mon	9-10 a.m.	Zumba Fitness (M-F)	18-up	\$35 mo./\$3 per class
	10 a.m.-1 p.m.	Pickleball (M,F)	50-up	IPAR Card
	11 a.m.-2 p.m.	Power Workout (M-F)	18-up	ID/\$1 daily
	4-6 p.m.	Power Workout (M-F)	18-up	ID/\$1 daily
	6-7 p.m.	Zumba Fitness (M-F)	18-up	\$35 mo./\$3 per class
	7:30-8:30 p.m.	Karate (M,W)	5-up	\$50 mo.
	7:30-9:45 p.m.	Badminton (M,T,Th,Su)	18-up	ID/ \$20 Annual
Tue	5-9 p.m.	ActivStars Karate	4-15	\$7 week
Wed	11:30 a.m.-12:30 p.m.	Senior Lunch	50-up	\$4
	5-8:30 p.m.	Needle Work Gathering	18-up	-0-
Thu	5-9 p.m.	ActiveStars Cheerleading	4-15	\$7 week
Fri	11 a.m.-2:30 p.m.	Irving Singles Canasta	50-up	-0-
Sat	11 a.m.-1 p.m.	Jujitsu	6-up	\$25 mo.
OPEN GYM BASKETBALL				
Mon	9 a.m.-9:45 p.m.			
Tue	9 a.m.-6 p.m.			
Wed	6 a.m.-5 p.m. / 8-9:45 p.m.			
Thu	9 a.m.-6 p.m.			
Fri	9 a.m.-6 p.m. / 7-9:45 p.m.			
Sat	9 a.m.-4:45 p.m.			
Sun	1-4:45 p.m.			

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

PARKS PROGRAM REGISTRATION ONLINE

The Irving Parks and Recreation Department reminds residents that registration for classes and programs can be done online. This helps eliminate long lines at recreation centers on registration days. Both prospective and current membership ID card holders must complete the following.

To register online:

- Visit CityofIrving.org/IrvingRec to access the ActiveNet website.
- Register for an account, or sign in if there is an existing account. For a new membership, information is needed for head of household and each family member registering for classes.
- Follow instructions for selecting classes for each individual. Classes will be added to the shopping cart.
- Complete transaction and make payment online using a credit card.
- To complete the ID card process, visit a neighborhood recreation center to have a photo taken. Card can be printed at that location.

